



Virginia Outdoor Women

DWR Virginia Outdoor Women (VOW) Program CURRICULUM TRACKER

FOCAL AREA	TOTAL COURSES	START DATE	END DATE
MASTERY	15	_____.	_____.

To complete the DWR Virginia Outdoor Women (VOW) Program **Mastery Certification**, a participant must complete all the courses listed on this curriculum tracker.

FULL NAME: _____

EMAIL ADDRESS: _____

PHYSICAL ADDRESS (for mailing certificate): _____

STATE: _____ ZIP CODE: _____

COURSES	DESCRIPTION	COURSE DATE	COURSE LOCATION
LADIES NIGHT @ THE RANGE	SHOTGUN, RIFLE, PISTOL, OR MUZZLELOADER		
LADIES NIGHT @ THE ARCHERY RANGE	ARCHERY		
LADIES NIGHT @ THE FIELD 1	GENERAL WORKSHOP (Any Species)		
LADIES NIGHT @ THE FIELD 2	GENERAL WORKSHOP WITH LIVE FIRE (Any Species)		
LADIES NIGHT @ THE FIELD 3	HUNTING WORKSHOP (ACTIVE HUNT) (Any Species)		
LADIES NIGHT @ THE TABLE	FOOD PREP/PROCESSING		

COURSES	DESCRIPTION	COURSE DATE	COURSE LOCATION
LADIES NIGHT @ THE LAKE/ FLYFISHING	INTRODUCTION TO FLYFISHING WORKSHOP		
LADIES NIGHT @ THE RIVER/ CATFISH	LADIES NIGHT @ THE RIVER/CATFISH		
LADIES NIGHT @ THE POND	GENERAL INTRODUCTION TO FISHING WORKSHOP		
LADIES NIGHT @ THE TACKLE SHOP	SKILLS WORKSHOP: KNOT TYING, CASTING, ETC.		
LADIES NIGHT @ THE FORAGING SPOT	EDIBLE PLANTS, MEDICINAL PLANTS, ETC.		
LADIES NIGHT @ THE CAMP	DUTCH OVEN COOKING, BASICS OF CAMPING, TENTS, ETC.		
LADIES NIGHT @ THE TRAIL	WILDLIFE VIEWING, NAVIGATION, HIKING, ETC.		
LADIES NIGHT @ THE BACKCOUNTRY	SURVIVAL, KNOTS, FIRE STARTING, FIRST AID, ETC.		
LADIES NIGHT @ THE CLASSROOM	LEARNING THE REGULATIONS		

SUBMISSION INSTRUCTIONS: To receive this certification and corresponding certificate, please SCAN & SAVE a copy of this document as a PDF and email it to VOW@dwr.virginia.gov. Please allow 30 days for processing and/or mailing of certificate.

If you have questions about certifications and/or courses, please email VOW@dwr.virginia.gov. Please allow 72 hours for response.